



Welcome Girish V. Vitalpur, MD

Riley Hospital for Children — in partnership with the Pediatric Allergy/ Pulmonary Clinic — is pleased to welcome Girish V. Vitalpur, MD. Dr. Vitalpur is involved with all aspects of allergy care, including eczema, food allergies, cough, asthma, allergic rhinitis, hives, drug allergies, insect sting allergies and recurrent infections.

Riley Physician Update

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Riley Hospital for Children
Indianapolis • Carmel
EARLY SPRING 2008

Riley Physician Update

INFORMATION FOR OUR COMMUNITY PHYSICIAN OFFICES

ENVIRONMENTAL FEATURES MAKE NICUS EASIER ON BABIES

When infants require treatment in the Neonatal Intensive Care Units at Riley Hospital, Riley Hospital North or Riley Hospital at Methodist, great care is only one part of getting well.

Sudden noise can cause a jump in vital signs. That's why Riley Hospital's NICU has a sound control system that notifies staff members and visitors when outside noise has reached a level that disturbs an infant's rest.

When the Riley North NICU was constructed, the needs of these tiny patients were considered with every design feature. "There are private patient rooms for each

family, which decrease noise in the unit," says Damita Williams, director of Pediatric and Emergency Services. "Varying levels of lighting



were built into the facility so that staff members are better able to mimic the atmosphere in the womb."

Now that the Methodist NICU is being redesigned, administrators plan to incorporate a number of innovations, including sound-absorbing acoustical tiles, cushioned flooring, dimmable lights, and a sound-tree system to measure and control noise levels. Staff members also will be able to set communication devices to "vibrate" and communicate silently through text-messaging features. "We will continue to use developmental care principles and products to provide a developmentally sound environment for our babies," explains Deb Ward, NICU manager.

Besides creating a more peaceful environment, research has shown that decreasing noise and exposure to bright light may help to reduce the risk of infants developing sensory processing issues after extended NICU stays. And, naturally, parents are able to relax better when lights and sounds are lower.

To make a referral or for more information about Riley NICUs, call Riley Hospital at 317-916-3500, Riley Hospital North at 317-688-2000 or Riley Hospital at Methodist at 317-962-2000.





Riley Hospital docs listed in Best Doctors in America database

More than 100 Riley Hospital physicians have been chosen by their peers for inclusion in the latest Best Doctors in America database.

The database—which contains the profiles of approximately 40,000 of the best doctors in the United States—includes physicians in more than 20 medical specialties and subspecialties. The doctors were selected through comprehensive peer surveys for their skill in treating complex medical conditions.

The doctors in this year's database represent areas including:

- Adolescent Medicine
- Allergy and Immunology
- Anesthesiology
- Cardiology
- Child Development
- Developmental Pediatrics
- Dermatology
- Endocrinology and Metabolism
- Gastroenterology
- Hand Surgery
- Infectious Disease
- Internal Medicine (General)
- Medical Genetics
- Medical Oncology and Hematology
- Nephrology
- Neonatology
- Neurological Surgery
- Neurology
- Ophthalmology
- Orthopaedic Surgery
- Otolaryngology
- Pediatrics (General)
- Plastic Surgery
- Pulmonary and Critical Care Medicine
- Radiation Oncology
- Radiology
- Rheumatology
- Surgery
- Thoracic Surgery
- Urology

“This is an extraordinary honor for Riley,” says Ora Pescovitz, MD, president and chief executive officer, Riley Hospital for Children. “This recognition acknowledges the excellent patient care that all of the physicians and staff at Riley perform each and every day.”

Rep. Dan Burton secures funds for autism

This winter, Indiana Congressman Dan Burton (R-IN-5th) announced his securing of an additional \$2.2 million in federally appropriated funds for the Riley Hospital for Children's Christian Sarkine Autism Treatment Center. The funding will go primarily toward expanding and enhancing the center's clinical care and research efforts.

The Christian Sarkine Autism Treatment Center at Riley Hospital is the only pediatric academic and research autism program in the state and one of the largest autism centers in the United States. It is committed to helping children and adults with autism and related disorders to achieve their potential and to participate as fully as possible in family, school and community life.

The center opened in 2003, thanks in part to nearly \$2 million in federal appropriations that Congressman Burton secured. It's named after his grandson, Christian Sarkine, who is undergoing treatment for autism.

The Christian Sarkine Autism Treatment Center is located on the fourth floor of the Riley Outpatient Center (ROC) as part of the Riley Hospital Child and Adolescent Psychiatry Clinic. Services include diagnostic evaluation, consultation, pharmacological treatment, behavioral treatment, educational assessment/assistance, psychological testing, social skills groups, individual psychotherapy and informational workshops for parents of newly diagnosed patients. The wait time for an intake evaluation is one to four weeks, depending on the service being sought.

For referrals, call the intake line at 317-278-6206. To refer a patient for possible participation in a research study, call 317-278-4848. For more information, visit the Department of Psychiatry Web site: www.iupui.edu/~psycdept/.

Riley Hospital Orthopaedists add regular office hours in the Clarian North MOB

Carmel residents who are patients of Riley Hospital for Children Orthopaedists now can regularly access care closer to home. In March, the group began providing regular office hours in the Clarian North Medical Office Building.

Christine Caltoom, MD; Randall Loder, MD; and John Lubicky, MD are seeing patients on Monday, Thursday and Friday mornings in the Indiana University Medical Group, Suite 275. The physicians will offer surgical and rehabilitation care for children with musculoskeletal conditions. **For more information, call Lyn Reed at 317-501-3429.**



News Bytes



Clarian Arnett opens new pediatric urology clinic

Tippecanoe County children needing Riley urology services now have a local choice. Kirstan K. Meldrum, MD, is staffing the new Pediatric Urology Clinic at Clarian Arnett Health in Lafayette.

Dr. Meldrum is actively involved in all aspects of pediatric urology, with special interests in the management of congenital anomalies of the genitalia and urinary tract, fetal urinary tract obstruction, surgical management of urinary incontinence and renal stone disease. She is the director of pediatric urologic research at

Indiana University School of Medicine.

To schedule an appointment with Dr. Meldrum in Lafayette, call 317-278-8556 or 800-993-5471.



IUSM Riley faculty elected to Association of American Physicians

Mary Dinauer, MD, has been elected into the Association of American Physicians. Founded in 1885, the AAP is an exclusive society admitting only 55 individuals annually; members include Nobel laureates and members of the National Academy of Science and the Institute of Medicine.

Dr. Dinauer received her MD and Ph.D. from the University of Chicago, completed a pediatric residency at University of California-San Francisco and performed a fellowship in pediatric hematology/oncology at the Children's Hospital of Boston.

She came to Indianapolis in 1991.

Riley opens Safety Store, premieres Kids Meals at Children's Museum

The Children's Museum of Indianapolis is partnering with Riley Hospital for Children to keep kids happy, healthy and safe. In February, the museum opened a Riley Safety Store and also added Riley Kids Meals to its restaurant offerings.



The Riley Safety Store stocks home safety items, including furniture corner cushions, outlet plugs, child-safe thermometers, childproofing kits and other household helpers designed to prevent childhood injuries. The kid-sized meals, which include peanut butter and jelly sandwiches, cheese pizza and broiled chicken, were chosen

by families who attended a museum taste-testing in January.

2007 Grand Rounds videos available on Riley Web

From asthma to online social networks, family practice physicians and pediatricians face many challenges in treating kids and teens today. For quick, expert advice on various topics, you can now access many of the 2007 Grand Rounds videos on the Physician section of the Riley Web site (www.rileyhospital.org). **Click on the Education and Outreach tab, then on the 2007 Grand Rounds link.**



“Kids Scald Fast. Cool It First” campaign begins

Riley Hospital North has unveiled a campaign aimed at preventing scalds. Kids Scald Fast. Cool It First. began in February to encourage parent and caregiver safety with hot baths, hot drinks and hot foods.

Staff members have mailed fact sheets and static clings to area schools and day cares. They will also share the safety messages through billboards, Web, radio and print advertising. To download prevention tips for families, go to www.clarianorth.com.

