

POWER-CTK Referral

This program is the perfect fit for children with a Body Mass Index in the 85-95th percentile looking to establish healthy lifestyle practices in the areas of nutrition and physical activity. POWER - Committed to Kids is a sensible program that empowers families to implement healthy lifestyle changes through fun physical activities and nutrition education. The program teaches participants to avoid diets and intimidating physical activities focusing on realistic lifelong change that can be incorporated into already busy lives. Committed to Kids Health will focus both parents and children on learning how to maintain lifestyles that embrace healthy eating and age appropriate physical activity.

Practice Information

Practice Name _____ Referring Physician _____
Practice Address _____ City _____ State ___ Zip _____
Practice Telephone Number _____ Practice Fax Number _____

Patient Information

Patient Name _____ DOB _____
Parents Name _____
Practice Address _____ City _____ State ___ Zip _____
Telephone Number _____ e-mail address _____
Hoosier Health Wise Member Yes No
Do you recommend this child participate in physical activity? Yes No
If yes, are there any exercises you would not recommend for this child?

Thank you for your referral into POWER - CTK, To complete the referral please fax this form back to our office at 317-962-3605, or call your referral information to the POWER - CTK at 317-962-9017.

Upon receipt of this referral the patient will be contacted and sent an intake questionnaire to be completed and returned to the POWER-CTK program before scheduling of the initial visit. Once the completed forms are received by POWER patients will be contacted and the program start date/location will be set. At that time your office will be made aware of the patient start date and progress throughout the clinic.

Signature/date _____