



John Christenson, MD, is a pediatric infectious disease physician at Riley and a professor of clinical pediatrics at the Indiana University School of Medicine. Dr. Christenson completed his medical studies and pediatric residency at the University of Puerto Rico and completed a pediatric infectious disease fellowship at the University of Oklahoma. He is board certified in pediatrics and pediatric infectious diseases. He has special certifications in clinical tropical medicine and travelers' health. Dr. Christenson has extensive international experience throughout Central America, the Caribbean and West Africa.

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Julie Keck, MD, is a developmental pediatrician at Riley Hospital and an assistant professor of clinical pediatrics at the Indiana University School of Medicine. She obtained her medical degree from Indiana University School of Medicine and completed her pediatric residency at the University of California-Los Angeles. Dr. Keck completed a fellowship in developmental pediatrics. She is board certified in pediatrics and neuro-developmental disabilities, specializing in the care of premature infants, children with special needs, developmental delays and genetic syndromes.

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Maria Finnell, MD, is board certified in pediatrics. Dr. Finnell is actively involved in specialty training in infectious disease and international health at Riley. She grew up in Sweden and received her medical degree from the Karolinska Institute in Stockholm. Dr. Finnell completed her pediatric residency at Riley Hospital and was chosen to do an additional year as pediatric chief resident. She has international medical experience in Great Britain, Kenya and Vietnam. Dr. Finnell and her husband have personal experience with International Adoption in China.

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For more information, contact:

Riley Hospital for Children
Center for International Adoption
and Geographic Medicine
(317) 274-7260
Fax: (317) 278-0860
www.rileyhospital.org/adoption



www.rileyhospital.org

Riley Hospital *for* Children

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INDIANA UNIVERSITY
SCHOOL OF MEDICINE

Clarian operates the Methodist Hospital, Indiana University Hospital and Riley Hospital for Children campuses as a single hospital under Indiana law.

Center for International Adoption and Geographic Medicine



A GUIDE *for* YOU AND YOUR CHILD

Riley Hospital *for* Children

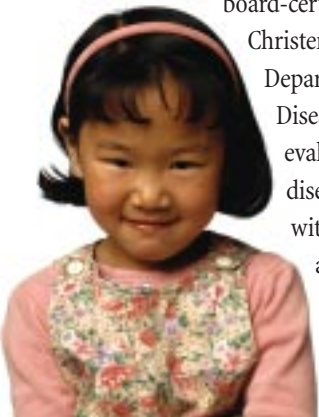
Riley Hospital for Children is Indiana's only comprehensive children's hospital, with pediatric specialists in every field of medicine and surgery. Among these world-class specialists are experts in the care of children born overseas and those traveling outside of the United States. Together, Riley's International Adoption Clinic and Travel Medicine Clinic form the Center for International Adoption and Geographic Medicine.

The Center for International Adoption and Geographic Medicine uses the talents of Riley's specialists in pediatric infectious disease, geographic medicine, neurodevelopmental pediatrics and general diagnostics to create an important resource for families. Riley experts are available for consultation, evaluation, treatment and ongoing medical management of international children and world-traveling youngsters.

International adoption

All adoptions provide a wonderful opportunity to unite children in need with families who are deeply committed to caring for them. Children adopted from abroad often face unique health problems related to their diverse geographic origins and pre-adoption living conditions. The Center's International Adoption Clinic was founded in 1999 in response to the needs of these children. Julie Keck, MD, a neurodevelopmental pediatrician, directs the clinic. The team also includes Maria Finnell, MD, a pediatrician with experience in international health and infectious disease, and Amy Rakestraw, a board-certified physical therapist. John

Christenson, MD, a member of the Department of Pediatric Infectious Disease, is available for consultation, evaluation and treatment of infectious diseases. The medical team's experience with complex pediatric assessment assists families as they adopt — planning for medical challenges and addressing them when the child arrives in the U.S.



Pre-adoption

The Center for International Adoption and Geographic Medicine assists families early on by offering a comprehensive review of referral information, including translated medical information, photos and videos. Doctors and families discuss preparing for travel, parenting tips, feeding plans and other important topics. The family receives a written evaluation of the child's medical status, growth, special developmental needs or infectious diseases.

In addition, the center can arrange a pre-travel appointment in the Travel Medicine Clinic. At that time, the clinic may provide immunizations needed for travel, preventive medications and information about travel precautions and illnesses that may be present at certain destinations.

Coming home

When a child joins his new family, the International Adoption Clinic provides a comprehensive medical evaluation, focusing on infections, immunization, nutrition, birth defects, physical and psychosocial development and other issues. The clinic may recommend ongoing treatment with the family's referring physician, and arrangements can be made for services with Riley specialists in several areas:

- Dentistry
- Psychiatry
- Nutrition
- Multidisciplinary craniofacial clinic
- Ophthalmology
- Fetal Alcohol Syndrome Clinic
- Physical therapy

The International Adoption Clinic has two locations: the Riley Outpatient Center at the downtown campus and another office at Clarian North Medical Center, located at 116th and Meridian streets in Carmel.



The Riley Center for International Adoption and Geographic Medicine is a certified member of the Joint Council on International Children's Services, the oldest and largest association of licensed, nonprofit international adoption organizations in the world.



The Joint Council on International Children's Services' mission is to safeguard the rights and best interest of children, birth parents and adoptive families.

Riley Hospital for Children does not coordinate international adoptions or assist in placing children.

Geographic medicine

International travel takes many different forms — international adoption, vacations, business trips, mission work, study-abroad opportunities and more.



Whether the journey is a short trip or an extended stay, children and their families may be exposed to illnesses common in the region but relatively unfamiliar to most practitioners in the United States. Malaria, hepatitis A, diarrheal disease, typhoid fever, yellow fever, tuberculosis and a variety of parasitic infections are just some examples of the diseases that may appear. The Travel Clinic provides families and young people with the information and the care they need to avoid these diseases, to use preventive medications, and to receive specialized vaccines and medications.

The clinic provides care to children of all ages and to any accompanying adult family members. Dr. Christenson coordinates patient evaluation and counseling.