

**Riley Hospital for Children CF Center
Phone PES Sheet**

Patient Name: _____
 MRN: _____
 Date: _____
 Informant: _____
 Phone: _____
 Pharmacy: _____

Last Clinic _____
 Last Antibiotic _____
 Weight _____
 Allergies _____

A pulmonary exacerbation (PE) will be defined using criteria from the following categories of systemic and pulmonary symptoms. All symptoms/signs/measurements will be compared to the patient's most recent baseline (within the previous 3 months).

A PE is defined as a score > 5. If a patient has systemic findings they must also have at least 1 finding from the pulmonary category to have a PE (a PE will not be present with systemic symptoms alone). For a PE score > 5, the RN will consult with the MD and determine a treatment plan (the RN should print the most recent patient sputum for consultation). This plan will be discussed with the family. Approximately one week after the initial phone call, the RN will make a follow up call to the family for follow up of the PE and further assess need for intervention.

Systemic Symptoms/Signs	No	Yes
1. Fevers > 38C (100.4F) for at least four hours in the 24 hour period on more than one occasion in the past 2 weeks	0	1
2. Malaise or fatigue in the past 2 weeks	0	1
3. Any increase or new school/work absenteeism in the past two weeks	0	1
4. Anorexia or poor appetite in the past two weeks	0	1
5. Weight loss or poor weight gain compared to the last clinic visit	0	2

SUM OF SYSTEMIC SYMPTOM SCORES: _____ (0-6)

Pulmonary Symptoms/Signs:

1. Increased cough (frequency, duration, or intensity) for >1 week	None =0	Mild =1	Significant =2
2. Major change in sputum (new onset, increased, change in consistency) or chest congestion for >1 week	None =0	Mild =1	Significant =2
3. Change in SOB at rest or play	No=0	Yes =2	
4. Change in audible wheezes or increased WOB or RR	No=0	Yes =2	
5. Hemoptysis	None =0	Streaked = 3	Increased or new onset =5

SUM OF PULMONARY SYMPTOM SCORES: _____ (0-13)

If a patient has systemic findings they must also have at least 1 finding from the pulmonary category to have a PE (a PE will not be present with systemic symptoms alone).

A PE IS DEFINED AS A PE SCORE OF > 5 TOTAL PE SCORE: _____

Treated for exacerbation: yes no Antibiotic Treatment: PO IV NEB
 Treated for Alternative Diagnosis: yes no Treatment: _____

ALL PE TO CF NURSE FOR REVIEW Date Phone F/U _____ Ret. Appt: _____

Signature: _____