

## Section of Pediatric Pulmonology Transition Protocol

1. Discussion about transition to start no later than age 12. Discussion to include review of transition checklist, with a copy provided to the patient and family. Provide DVD on Transition for the patient and family to review independently.
2. Inform parents and patients that future clinic visits will begin to be conducted without the parents present initially, to develop experience in conducting visits independently at age 13.
3. Provide parents and patients with goals to be accomplished prior to visits to allow for independent interviewing. (This is listed in the transition checklist. We may need to include a note with annual visit letters reminding the family to review the transition checklist prior to their visit.)
4. Review and implement transition checklist at annual visit at age 13. The checklist should remain a part of quarterly **and** annual visits.

# Riley Hospital Cystic Fibrosis Center



A Guide for Transitioning from Pediatric to  
Adult Care

# Transition Checklist

*Remember that this is only a **guide**. Patients will not be prevented from transitioning to the Adult CF Center if they have not mastered the checklist. It is only meant to assist you in taking ownership of your medical care and to assist the CF Team in identifying those areas in which we can support you! Although transition can be scary and perhaps a time of sadness for you and your CF Care Team remember that it is also very **EXCITING**, as you will begin a new journey in complete ownership of your medical care!!*

<b>Health Care Skills</b>	<b>Can Do Independently</b>	<b>Needs Practice</b>	<b>Date to Review with CF Team</b>	<b>Accomplished Goal</b>
Describe Cystic Fibrosis and how it affects the body				
Identify symptoms of an infection in the lungs				
Identify symptoms of gastrointestinal malabsorption				
Makes own medical appointments				
Able to refill medications and supplies				
Able to tell when medical equipment (i.e. Vest, compressor) needs serviced or replaced				
Calls medical supply company when equipment problems are identified				

